

Tokyo International Progressive School

Poetry for Pleasure Outline 2023-2024

Ms. Zyvatkauskas, Room 33



DESCRIPTION OF COURSE

Poetry for Pleasure is a course designed to let students experience poetry by reading, creating, and sharing poems. Students will learn to write different types of poems. We will learn about rhythm, rhyme, syllables, alliterations, and many more features of poems.

STUDENT EXPECTATIONS

Students are required to bring their pencil case, water bottle, computer, poetry work and any materials for accommodations (e.g. noise-canceling earbuds). Students may eat simple and healthy food during class.

Once students enter the classroom, they are expected to sit quietly and wait for the instructions for the day.

EARNING YOUR GRADE

Your grade will be determined by your work in the category of 6P's, which are Prepared, punctual, productive, polite, positive, pleasant, meaning

Prepared: bring a pencil and eraser to class.

Punctual: When the start bell rings, you should be in your seat.

Productive: Use your time wisely in class. Produce some writing or contribute to discussions depending on the lesson.

Polite: Use courteous words and body language with your classmates and teacher.

Positive: When speaking about your own poems or the poems of others, use positive language.

Pleasant: Work with others to create an atmosphere everyone wants to work in.

Tokyo International Progressive School

Mindfulness Outline 2023-2024

Ms. Zyvatkauskas, Room 33



DESCRIPTION OF COURSE

Mindfulness is a course designed to help students be aware of what they are thinking and feeling without any interpretation or judgement. This class will give students the chance to experience different mindful practices such as sitting, listening, gratitude, kindness, mindful eating, and more.

STUDENT EXPECTATIONS

Students are required to bring their pencil case, water bottle, computer, poetry work and any materials for accommodations (e.g. noise-canceling earbuds). Students may eat simple and healthy food during class.

Once students enter the classroom, they are expected to sit quietly and wait for the instructions for the day.

EARNING YOUR GRADE

Your grade will be determined by your work in the category of 6P's, which are Prepared, punctual, productive, polite, positive, pleasant, meaning:

Prepared: bring a pencil and eraser to class.

Punctual: When the start bell rings, you should be in your seat.

Productive: Use your time wisely in class. Produce some work or contribute to discussions depending on the lesson.

Polite: Use courteous words and body language with your classmates and teacher.

Positive: When speaking about your own experiences or the experiences of others, use positive language.

Pleasant: Work with others to create an atmosphere everyone wants to work in.