

Tokyo International Progressive School
Middle School, Lifelong Skills Course Outline
2022-2023
Mr. Jessen-Petersen, Common Room

DESCRIPTION OF COURSE

This course is designed as a prelude to the HS Lifelong Wellness class. Students are introduced to skills, ideas, and practices that are aimed to provide academic, social, and emotional support. Students will be able to identify and develop self-awareness, self-management, social awareness, relationship, and decisions-making skills. Social-Emotional Learning (SEL) practices, executive functioning skills, and technology skills learning play an important role in this course. Students will be assessed on their 6Ps and four quarter-based projects.

STUDENT EXPECTATIONS

- Students are expected to bring the following materials to class each day:
 - Accordion binder with agenda inside
 - Pencil Case (w/ pencil, pen, eraser)
 - Any related handouts from teacher
 - Water bottle
 - Charged laptop or tablet
 - Any materials for accommodations (e.g. noise-canceling earbuds)
 - Work due
 - Book being currently read

- Students are allowed to drink closed drink bottles in the classroom. Water and sports drinks are preferred. Cans are not allowed in the classroom. Food is also not allowed in the classroom.

- When in use, laptops will remain on the desk

EARNING YOUR GRADE

Your grade will be determined by your work in these categories:

Grade Category	Percentage of your grade
6P	60%
Projects	40%

The grading scale for this course will be:

Letter grade	Mark range
A+	97-100
A	92-96
B+	88-91
B	83-87
C+	79-82
C	74-78
D+	70-73
D	65-69
F	64 or below

IMPORTANT DATES

* Schedule is subject to change

Assessment	Date
Project 1	Monday October 17th

Project 2	Monday, January 16th
Project 3	Thursday, March 30th
Project 4	Monday, June 5th