

Home Economics : Cooking  
Grades 4 - 8 Course Outline  
2019-2020

“Cooking is all about people. Food is maybe the only universal thing that really has the power to bring everyone together. No matter what culture, everywhere around the world, people get together to eat.” - Guy Fieri

Students of “Home Economics : Cooking” will develop skills of independence, creativity, and responsibility. Students will learn the correct usage of kitchen utensils; to follow recipes, to recognize ingredients, and to create dishes.

The ultimate goal of the class is to allow students to gain complete control of their own cooking skills by creating their own dishes.

This course will be solely graded on the 6P`s.

Students will be provided with kitchen utensils, ingredients, recipes and aprons. Students will need notebooks and pencils in order to take notes.